

JAY DUKE Equestrian

Clinics & Course Design



Young, Old, Experienced, Beginner: Jay Duke Clinics Have Something for YOU!



The youngest rider was 13, and the oldest was in her 60s, but everyone learned something new at Jay Duke's latest clinic in Billings, MT!



Canadian Equestrian Team veteran and renowned clinician, Jay visited the private farm of Karin Dolan to work with 21 horses on each day of his two-day clinic. From an eventing rider who has competed at the Land Rover Kentucky Three-Day Event to a young rider hoping to move up to the 2'6" hunter divisions soon, every participant learned, improved, and accomplished goals at their own pace.

Not only did the clinic improve the skill of each and every participating horse and rider, but it also gave the eventing and hunter/jumper communities of Billings an opportunity to come together.

"English riding is not all that common here; it is the land of cowboys, so there are not a lot of shows and especially not a lot of trainers," said Dolan. "Jay's clinic brought all of us together to ride, connect, and build a sense of camaraderie among English riders in a small town. It was definitely an unexpected benefit!"



Karen Dolan participated in the Jay Duke Equestrian clinic with her jumper mount WT Dexy, or "Piper", shown here competing in the 1.10m. Photo by Amanda Ubell Photography

In Review



"Our clinic had a range in ability and a range in horses from very fancy warmbloods to backyard Quarter Horses. Jay was always present and willing to help each individual with their goal. And, he did!

For me personally, I have had issues with finding distances and developing the quality canter that will give me the adjustability to get the distance every time. We worked on getting that canter and establishing a straight approach. The two go hand-in-hand and the distances show up much nicer now."

~ Karin Dolan
Clinic Organizer

Limited fall clinic dates still available!

Jay has extensive firsthand knowledge of the show jumping discipline and is available for clinics throughout North America. A range of packages are available with single to four-day sessions, which feature training that draws on three decades of experience and includes a sampling of Jay's extensive library of flat, gymnastic, and jumping exercises.



[More Information on Booking your Jay Duke Clinic](#)

Have you heard about Jay Duke Equestrian's Virtual Lesson Subscription Program?

It's the next best thing to a Jay Duke clinic, and you can subscribe for just \$8 per lesson!

- Subscribers pay \$33 per month for a year-long subscription, which works out to be... yes, you guessed it: \$8 per weekly lesson!
- What you get: One lesson per week delivered directly to your e-mail ready to travel straight to the ring with you.
- Additionally, subscribers gain access to Jay's extensive library of exercises and tips, as well as guest lessons from contributing horse sport professionals at varying levels. In May, subscribers received a lesson from reigning FEI World Cup champion Beezie Madden!
- **Bonus Benefits:** Phone and video support from Jay Duke, including horse evaluations, lesson questions, etc.

Click below to see what recent subscribers received!

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EYE COUNT

Difficulty: Intermediate

Materials:
12 standards, 20 rails - Use ground lines on both sides of the jumps.

KEY POINTS

Horse:
Turns
Inquisitiveness

Rider:
Counting
Eye work
Turns

LESSONS

Time Allowed:
5:30 - 1:30

There are multiple goals to help the rider find the correct distance. One of those goals is using the count in a line to help determine when you are at or within the best line. The exercises are specifically designed to use the count and eye together.

1. In a line a top rail of varying height 1.2 to 1.6 to 2.0 to 2.6 across between the jumps, though for some riders this works very well. Please do not use all the standards in the same way, but to experiment with different heights in a line with their mental pictures.

In this lesson, have the rider counting through the turns, which would only do in competition with an advanced rider on a speed or jump-off situation. The exercise is excellent for creating mental images, which is the goal.

Part #1
Counting Exercises 1 - 4 putting one step between each jump. With this configuration of jumps all jumps are the same height. The second turn is the largest and the third corner is the shortest. This prevents the rider from spacing where the turn should be, and makes them use their eye along with the count to figure out where they are. Do this until the rider does it quickly between all distances. The adjustments should be done using track, not jumps. For all the different numbers the pace should be exactly the same, quiet and controlled.

Part #2
Do 7 turns between each fence.

Part #3 (Advanced Rider)
Do 3 jumps between each fence.

Part #4
Do the exercise in reverse. Use whatever numbers you wish, but count backwards and maintain a steady pace.

Make sure the rider is looking at the next fence in the air of the fence design.

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A portion of all proceeds are donated to JustWorld International and Uryadi's Village.



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